



APPROXIMATE TIME SCHEDULE FOR 2010 STATE TRACK MEET
EastSide Centre, East Peoria, IL

Class A, Friday-Saturday, May 14-15
Class AA, Friday-Saturday, May 21-22

PLEASE NOTE: FRIDAY FIELD EVENTS START AT 12:00 P.M.

****THE TIME SCHEDULE IS APPROXIMATE—ALL CONTESTANTS WILL BE EXPECTED TO REPORT WHEN CALLED.****

Friday

12:00 p.m.	7G Pole Vault Finals; 7B to follow 8G High Jump Finals; 7G to follow 8B Long Jump Prelims & Finals; 7B to follow 7G Long Jump Prelims & Finals; 8G to follow 8G Shot Put Prelims & Finals; 7G to follow 7G Discus Prelims & Finals; 8G to follow <i>Running events will run continuously after they are started.</i>
1:00 p.m.	7G Low Hurdle Prelims; 8G, 7B, 8B to follow
1:50 p.m.	7G Low Hurdle Semifinals; 8G, 7B, 8B to follow
2:20 p.m.	7G 400 M. Dash Finals; 7B, 8G, 8B Finals to follow
3:20 p.m.	7G 1600 M. Run Finals; 7B, 8G, 8B Finals to follow
5:35 p.m.	7G 100 M. Dash Prelims; 7B, 8G, 8B to follow
6:20 p.m.	Semifinals for 100 M. Dash to follow as needed

Saturday

9:00 a.m.	8B Shot Put Prelims & Finals; 7B to follow 7B Discus Prelims & Finals; 8B to follow 7B High Jump Finals; 8B to follow 8B Pole Vault Finals; 8G to follow <i>Running events will run continuously after they are started, except for scheduled break.</i>
9:00 a.m.	7G Low Hurdle Finals; 8G Finals to follow
9:10 a.m.	7B Low Hurdle Finals; 8B Finals to follow
9:20 a.m.	7G 100 M. Dash Finals; 7B, 8G, 8B Finals to follow
9:35 a.m.	7G 4X200 M. Relay Finals; 7B, 8G, 8B Finals to follow
11:05 a.m.	7G 4X100 M. Relay Finals; 7B, 8G, 8B Finals to follow
12:00 p.m.	LUNCH BREAK- 45 min. break in running events
12:45 p.m.	7G 200 M. Dash Finals; 7B, 8G, 8B Finals to follow
2:00 p.m.	7G 800 M. Run Finals; 7B, 8G, 8B Finals to follow
3:00 p.m.	7G 4X400 M. Relay Finals; 7B, 8G, 8B Finals to follow

PLEASE BE AWARE OF THE FOLLOWING

1. Times are approximate and competitors are responsible to report prior to an event. Regardless of the time an event is scheduled, events will follow one another in the order indicated and the meet will be kept moving along. It is the responsibility of the coaches and their athletes to monitor the progress of the meet and to report for competition appropriately. If an athlete has not reported to their event after the second personal page for the athlete, the competitor will be scratched from the event.
2. There will only be one shot put ring and one discus ring. Only the girls will compete in the shot and discus on Friday. The boys will compete in the shot put and discus on Saturday. **DO NOT BRING ANY SHOT OR DISC IMPLEMENTS TO THE FINALS. WARM-UP AND OFFICIAL THROWS MUST BE DONE WITH THE IMPLEMENTS PROVIDED BY THE IESA.**
3. **The long jump, high jump, shot put, and discus will be conducted in flights. All of the long jump competition will be held on Friday.**
4. There will be 8 finalists in all events. All 8 places will be scored and all 8 places will receive medals.
5. **¼" pyramid spikes will be allowed for the State Meet. Needle nose spikes will not be allowed.**
6. **Pole Vault Qualifiers:** Variable weight poles may not be used in warm-ups or in competition. All pole vault contestants will be required to weigh-in prior to competition.
7. Awards will be presented on the field throughout the course of the meet. Listen for the PA announcements as to when you should report for awards.