

Fairness

Fairness is treating others as you want to be treated. You treat others fairly when you are patient and kind, work together to solve problems and cooperate with everyone.

Example

You can show you are fair by following the same rules everyone else has to follow, considering other people's feelings and ideas, and solving problems in ways that benefit everyone, not just yourself.

Caring

Caring is showing concern for others.
Caring is being supportive and responding to
the needs of others with kindness.

Example

You can show you care by listening when
people talk about their problems, being kind
and generous when people need your help,
imagining how you might feel in other
people's situations, and being grateful to
others who care about you.

Compassion

Compassion is a deep feeling of caring for someone who is suffering or hurt. A compassionate person likes to help others who are in need. Being compassionate is being tenderhearted.

Example

You can show compassion by helping other students when you see they are hurt or having a problem. Others will appreciate your gentleness and kindness.

Flexibility

Flexibility is the ability to adjust to a new situation. A flexible person is willing to try new ways of doing things without insisting on doing it his own way each time.

Example

You can show you are flexible on the playground when you want to play a game one way but your friend wants to play it another way. Playing the game a different way is showing you are being flexible.

Commitment

A commitment is a promise to follow through on a thought or a plan. When you make a commitment you do not try to get out of it. You work hard until you are satisfied that you have done your best and finished what you wanted to do.

Example

When you promise your parents that you will clean your bedroom and you do, you are following through on your commitment.

Courage

Having courage is being able to face something that is hard or painful instead of turning away. It takes courage to work through a problem or stand up for what is right.

Example

You can show courage when you admit you have done something wrong even though you know you will get into trouble. It shows courage when you do the right thing.

Celebration

A celebration is a time to be happy and rejoice because something joyful is happening or has happened.

Example

We have many opportunities during the year to celebrate the learning that has taken place.

It also makes us happy to celebrate the personal achievements we've made this year.

Sportsmanship

Sportsmanship is using good manners and kindness during sports and games regardless of whether your teams wins or loses. Good sportsmanship shows good character.

Example

You can show good sportsmanship by congratulating the members of the other team even if they beat you.