

Springfield Senators Football

Lift-A-Thon 2019

May 20th – May 23rd



“Committed to Strength through Teamwork”

To: Weightlifters and Supporters of Springfield High Football
Date: May 20th to May 23rd 2018
Subject: Springfield Senators Football **Lift-A-Thon**

Purpose: To allow our players to see the direct connection between their hard work and the reward. The **Lift-A-Thon** acts as our Football program’s major fundraiser. Funds raised from this event will go towards equipment, camps, awards and many other program needs.

Procedure: Each participant, with the help of his parents and friends, will seek sponsors and donations for the **Lift-A-Thon**. The participant will attempt a maximum lift in the **BENCH PRESS, SQUAT, DEAD-LIFTS** and **POWER CLEAN** and will have a four lift total. Participants will neatly and accurately record all information on the sponsor form and turn the form and donations to Coach Gully.

**How can a business partner
with us this season?**

These are the 4 levels of sponsorship available.

1st QTR: \$100 – Small Sign will hang in the weight room during the off season and at the practice facility during the season.

2nd QTR: \$250 – Medium Sign will hang in the weight room during the off season and at the practice facility during the season.

3rd QTR: \$500 – Large sign will hang in the weight room during the off season and at the practice facility during the season.

4th QTR: \$1000 – XL sign will hang in the weight room during the off season and at the practice facility during the season.

Sponsors can be the difference in our lift-a-thon being a success or a failure. The money that is donated will go back to the program to pay for items such as our hudl(video software for film) subscription, Teambuildr(software for workouts) subscription, weight room equipment, and etc.