

Middle School Lunch

OCTOBER-NOVEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
<u>Taco Chili w/Cornbread</u> <u>Grilled Chicken on Bun</u> <i>Seasoned Green Beans</i>	<u>Jumbo Ravioli w/Meatsauce / Garlic Bread</u> <u>Spicy Chicken Strips w/Garlic Bread</u> <i>Steamed Broccoli</i>	<u>Galaxy Cheese Pizza</u> <u>Sicilian Turkey Sub</u> <i>Seasoned Peas</i>	<u>Oven Roasted Chicken w/Roll</u> <u>Meatball Sub</u> <i>Baked Beans</i>	<u>Honey BBQ Pork Rib on Bun</u> <u>Fish Sandwich</u> <i>Emoji Smile Potatoes</i>
4-Nov	5-Nov	6-Nov	7-Nov	8-Nov
<u>Pepperoni Flatbread Pizza</u> <u>Buffalo Chicken Wrap</u> <i>Seasoned Corn</i>	<u>Cheese Lasagna w/ Garlic Bread</u> <u>Chili w/Mini Breaded Ravioli</u> <i>Seasoned Green Beans</i>	<u>Popcorn Chicken Bowl w/Mashed Potatoes and Corn</u> <u>Cheeseburger on Bun</u> <i>Mashed Potatoes</i>	<u>Tacos on WG Tortilla</u> <u>Cheese Quesadilla</u> <i>Refried Beans</i>	<u>Mini Corn Dog Nuggets</u> <u>Toasted Cheese Sandwich</u> <i>Sweet Potato Waffle Fries</i>
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
<u>NO SCHOOL</u> 	<u>Cheese Tortellini w/Alfredo Sauce / Garlic Bread</u> <u>Italian Beef Sub</u> <i>Steamed Broccoli</i>	<u>Orange Chicken w/Rice and Breadstick</u> <u>Hot Ham and Cheese on Bun</u> <i>Peas and Carrots</i>	<u>Homestyle Mac and Cheese w/Bread</u> <u>BBQ Beef Rib on Bun</u> <i>Baked Beans</i>	<u>Chicken Horseshoe</u> <u>Mozzarella Breadsticks w/Marinara Sauce</u> <i>Baked Fries</i>
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov
<u>Top N Go Walking Tacos</u> <u>BBQ Pulled Pork on Bun</u> <i>Refried Beans</i>	<u>Spaghetti w/Meatsauce / Garlic Bread</u> <u>Chicken Nuggets w/Garlic Bread</u> <i>Steamed Broccoli</i>	<u>Spicy Chicken Patty on Bun</u> <u>Jumbo Pizza Bagel</u> <i>Seasoned Green Beans</i>	<u>Roast Turkey w/Gravy and Dinner Roll</u> <u>Meatloaf w/Dinner Roll</u> <i>Mashed Potatoes and Homemade Stuffing</i>	<u>Big Daddy's Cheese Pizza</u> <u>Sloppy Joe on Bun</u> <i>Sweet Potato Waffle Fries</i>
Alternative Entrées Offered Daily: Assorted Cold Sandwiches and Wraps, Chef Salads, Fresh Fruit and Vegetable Plates MENU IS SUBJECT TO CHANGE	A Full Lunch Includes: Choice of 1 Entrée. A hot vegetable and self-serve salad bar with assorted fruits and vegetables. <i>Students are required to take at least one serving of fruit or vegetable with their meal.</i> A choice of 1% or skim milk.			