

Middle School Breakfast

December 2018-January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
10-Dec	11-Dec	12-Dec	13-Dec	14-Dec
<u>Bagel w/Cream Cheese or Jelly</u> Orange Wedges 100% Fruit Punch Juice Assorted Milk Choices	<u>Cinnamon Glazed French Toast Sticks</u> Chilled Mixed Fruit 100% Grape Juice Assorted Milk Choices	<u>Breakfast Pizza</u> Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Egg and Cheese on Biscuit</u> Fresh Pear 100% Apple Juice Assorted Milk Choices	<u>Whole Grain Donut</u> Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices
17-Dec	18-Dec	19-Dec	20-Dec	21-Dec
<u>Breakfast Round</u> Orange Wedges 100% Fruit Punch Juice Assorted Milk Choices	<u>Egg and Sausage on Biscuit</u> Chilled Pears 100% Grape Juice Assorted Milk Choices	<u>Whole Grain Eggo Pancakes</u> Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Manager's Choice</u> Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices	
31-Dec	1-Jan	2-Jan	3-Jan	4-Jan
<u>NO SCHOOL</u>		<u>NO SCHOOL</u>	<u>Egg and Turkey Bacon on Bagel</u> Fresh Pear 100% Apple Juice Assorted Milk Choices	<u>Whole Grain Donut Holes</u> Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices
7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
<u>Hard Boiled Egg w/Cinnamon Toast</u> Orange Wedges 100% Fruit Punch Juice Assorted Milk Choices	<u>Pancake Sausage on a Stick</u> Chilled Pears 100% Grape Juice Assorted Milk Choices	<u>Whole Grain Eggo Waffles</u> Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Egg and Cheese Horseshoe</u> Fresh Banana 100% Apple Juice Assorted Milk Choices	<u>Whole Grain Pastry</u> Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices
Offered Daily: Assorted Cereal, Graham Crackers, Yogurt, Cheese Portions, Granola Bars, and Whole Grain Bread w/Jelly	A Full Breakfast Includes: Choice of 1 breakfast entrée. Fresh or Chilled fruit and/or juice. Choice of 1% or skim milk.			Smoothies are offered weekly! Check with your cafeteria manager to see what days smoothies will be offered.
				MENU IS SUBJECT TO CHANGE