

# **2019 SENATOR BASEBALL CAMP**

## Objectives

1. Have fun playing baseball.
2. Learn fundamental skills in pitching, catching, fielding, baserunning, and hitting through individual instruction.
3. Use these skills in competitive situations.
4. Provide an activity for youth participation.
5. Learn sportsmanship and responsibility in an athletic situation.
6. Develop peer relationships.
7. Maintain or develop physical conditioning for baseball.

Dates: June 17-21

Location: SHS turf football field (one block south of the school on New St.)  
SHS Gym (if raining)

Time: 8-11 year olds: 9 a.m.- 11 a.m.  
12-14 year olds: 11 a.m.- 1p.m.

## Activities:

Stretching  
Station Drills  
Contests in bunting, fielding, pitching, throwing, "500", running, and hitting  
Game Situations  
Games

## Awards:

1. Trophies awarded to 1st place finishers in all contests for each age group.
2. Ribbons awarded to all 2nd and 3rd place finishers in all contests for each age group.
3. "Hustle Award" for each age group as voted on by camp coordinators.
4. Certificates of participation for all participants.

Director: Jim Steinwart, Head Baseball Coach, Springfield High School

Assistants: SHS Assistant Baseball Coaches; SHS Varsity Players

Fee: \$75.00 for 1 week

The clinic will be self supporting. Fees will be used to cover the cost of expenses (Tshirts, worker pay). Any profit will go to SHS Baseball.

# 2019 Senator Baseball Camp Registration

Please send registration forms to:

Jim Steinwart  
Head Baseball Coach  
Springfield High School  
101 S. Lewis  
Springfield, Illinois 62704

Pre-registration to guarantee a spot is due Wednesday, June 12th. We will accept late or on-site registrations until it is determined camp enrollment is full.

For more information or questions, contact Jim Steinwart at 720-1418.

Name \_\_\_\_\_ Age \_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Zip \_\_\_\_\_

Tuition cost of the clinic is \$75.00 for one week (ten total hours) of instruction in the fundamental skills of baseball. A clinic T-shirt will be provided for every paid participant.

(Please check one)

Sizes are: Child : S\_\_\_\_ M\_\_\_\_ L\_\_\_\_  
Adult: S\_\_\_\_ M\_\_\_\_ L\_\_\_\_ XL\_\_\_\_

Please make checks payable to Springfield High School Baseball Camp

Each participant's guardian must carry his/her own insurance as the clinic will not be responsible for accidents.

I hereby state that I have obtained my own policy of insurance providing hospital and medical coverage of my student in connection with the Senator Baseball Camp. I release the Board of Education of School District #186, Springfield High School, and the clinic staff from any liability.

In the event of an injury to my child and I cannot be reached immediately, I hereby authorize the teacher/coach in charge to provide such first aid treatment deemed necessary and advisable, including emergency hospitalization. I shall be notified as soon as possible of any such action.

Parent's Name \_\_\_\_\_ Phone \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**WHAT TO BRING:** Campers should bring the following items: sweatpants or baseball pants; shoes; gloves; bats; athletic supporter and cup (optional, but recommended). Please have ID on all equipment.