

## Middle School Breakfast

SEPTEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Sep</b>	<b>3-Sep</b>	<b>4-Sep</b>	<b>5-Sep</b>	<b>6-Sep</b>
<u>NO SCHOOL</u>	<u>Pancake Sausage on Stick</u>  Chilled Mixed fruit 100% Grape Juice Assorted Milk Choices	<u>Fruit and Yogurt Parfait w/Granola</u>  Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Egg and Bacon on Bagel</u>  Fresh Pear 100% Apple Juice Assorted Milk Choices	<u>Donut Muffins</u>  Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices
<b>9-Sep</b>	<b>10-Sep</b>	<b>11-Sep</b>	<b>12-Sep</b>	<b>13-Sep</b>
<u>Assorted Bagels w/Cream Cheese</u>  Orange Wedges 100% Fruit Punch Juice Assorted Milk Choices	<u>Sausage, Egg, Cheese Burrito</u>  Chilled Pears 100% Grape Juice Assorted Milk Choices	<u>Mini Eggo Waffles</u>  Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Breakfast Nachos</u>  Fresh Banana 100% Apple Juice Assorted Milk Choices	<u>Cinnamon Roll</u>  Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices
<b>16-Sep</b>	<b>17-Sep</b>	<b>18-Sep</b>	<b>19-Sep</b>	<b>20-Sep</b>
<u>Cinnamon Glazed French Toast Sticks</u>  Orange Wedges 100% Fruit Punch Juice Assorted Milk Choices	<u>Scrambled Eggs, Sausage Links, Toast</u>  Chilled Mixed fruit 100% Grape Juice Assorted Milk Choices	<u>Breakfast Pizza</u>  Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Egg and Cheese on Biscuit</u>  Fresh Pear 100% Apple Juice Assorted Milk Choices	<u>WG Donut</u>  Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices
<b>23-Sep</b>	<b>24-Sep</b>	<b>25-Sep</b>	<b>26-Sep</b>	<b>27-Sep</b>
<u>Breakfast Round</u>  Orange Wedges 100% Fruit Punch Juice Assorted Milk Choices	<u>Biscuit w/Gravy</u>  Chilled Pears 100% Grape Juice Assorted Milk Choices	<u>Mini Eggo Pancakes</u>  Chilled Peaches 100% Orange Juice Assorted Milk Choices	<u>Egg and Sausage on Bagel</u>  Assorted Chilled and Fresh Fruit 100% Assorted Fruit Juice Assorted Milk Choices	<u>NO SCHOOL</u>
<b>Offered Daily:</b> Assorted Cereal, Graham Crackers, Yogurt, Cheese Portions, Granola Bars, and Whole Grain Bread w/Jelly	<b>A Full Breakfast Includes:</b> Choice of 1 breakfast entrée. Fresh or Chilled fruit and/or juice. Choice of 1% or skim milk.			Smoothies are offered weekly! Check with your cafeteria manager to see what days smoothies will be offered.  <b>MENU IS SUBJECT TO CHANGE</b>