



TO: Parent/Guardian

RE: Your Student's Asthma

In order to provide the best possible school asthma management for your child, we request your assistance with the following:

- Obtain an asthma action plan (a statement of your child's treatment goals, medication and peak flow plan, and environmental risk reduction measures) from your physician. Please be sure guidelines are included for managing symptoms during special school or off-site events (recess, gym, outdoor play, field trips, parties, art class, etc).
- Meet with the school nurse (before school entry and as needed) to explain your child's condition, medication, devices, and environmental triggers.
- Submit the attached Medication Administration form for any medication that is administered in school. Please provide pharmacy-labeled medications, personally bring them to school, and keep them refilled as needed.
 - Students that self-carry and self-administer asthma inhalers are required to show the inhaler box properly labeled from the pharmacy.
 - Students that self-carry and self-administer asthma inhalers are asked to let the nurse know about medication use.
- Meet with teachers to set up expectations for maintaining communication and continuity during absences.
- Prepare your child. Discuss and rehearse the medication plan; discuss how to handle symptoms, triggers to avoid, food restrictions, and school policies on carrying medications.
- Keep the school staff up to date on any changes in your child's asthma action plan.
- Keep your physician up to date on school services and supports for helping your child manage his/her asthma.

With this information, we want to be able to provide your child:

- Access to the school nurse
- Help with asthma in following their asthma action plans
- Asthma education for classmates and school staff as appropriate

Thank you for working with us to assist your child; we look forward to an excellent year for all.

Health Services Staff
Springfield Public School District 186