

XC 2021						
Date	Day	Time	Event	Bus	Notes	
22-Aug	Sunday	4-5 p.m.	Practice	None	Voluntary meet the coach day	Meet at Nelson Ctr lot
23-Aug	Monday	2:30-4	Practice	Activity	Activity bus departs at 4:20	
24-Aug	Tuesday	2:30-4	Practice	Activity		
26-Aug	Thursday	2:30-4	Practice	Activity		
28-Aug	Saturday	10-11a.m.	Practice	No Bus	Voluntary practice Lincoln Park	Meet at Nelson Ctr lot
30-Aug	Monday	2:30-4	Practice	Activity		
31-Aug	Tuesday	2:30-4	Practice	Activity		
2-Sep	Thursday	2:30-4	Practice	Activity		
3-Sep	Friday	2:30-4	Practice	Activity		
5-Sep	Sunday	4-5 p.m.	Practice	No Bus	Voluntary practice	Koke Mill Church Trail
7-Sep	Tuesday	2:30-4	Practice	Activity	Uniforms Day	
9-Sep	Thursday	3:30	MEET		First Meet/LP	
11-Sep	Saturday	9:00 a.m.	MEET		Petersburg	
13-Sep	Monday	2:30-4	Practice	Activity		
14-Sep	Tuesday	4:15	MEET		Jacksonville	
16-Sep	Thursday	2:30-4	Practice	Activity		
17-Sep	Friday	2:30-4	Practice	Activity		
18-Sep	Saturday	3:30 p.m.	MEET	No buses	UIS	
20-Sep	Monday	2:30-4	Practice	Activity		
21-Sep	Tuesday	4:30	MEET		Lincoln Park	
23-Sep	Thursday		Run on own		Run or bike on own for 30 min	
25-Sep	Saturday	10-11 a.m.	Practice		Koke Mill Trail	Koke Mill Church Trail
27-Sep	Monday	2:30-4	Practice	Activity		
28-Sep	Tuesday	3:30	MEET		Lincoln Park	
1-Oct	Friday	2:30-4	Practice	Activity		
2-Oct	Saturday	2 p.m.	MEET		Jacksonville IL	
4-Oct	Monday	3:30	MEET		CITY!	
5-Oct	Tuesday	2:30-4	Practice	Activity		
7-Oct	Thursday	2:30-4	Practice	Activity		
9-Oct	Saturday	TBA	MEET		SECTIONALS	
16-Oct	Saturday	TBA	MEET		STATE for Qualifiers	
TIMES ARE EXACT FOR PRACTICES. PLEASE BE ON TIME TO DROP OFF AND PICK UP						

If your child does not take the activity bus for the after school practices, please pick up your student at 4:05 at							
the latest from practice. We will meet you in the front of the school.							