

How to be a **RIDGELY BULLDOG** while virtually learning:

B-Breakfast before learning

- Before you take on the day, make sure to eat a healthy breakfast so you're ready to learn. **(Respect Yourself and Respect Learning)**

U-Undertake the day's learning with excitement and determination

- A good attitude will help you learn. **(Respect Learning)**

L-Listen with your whole body

- Make sure you are fully engaged in the whole lesson and pay attention to those speaking. **(Respect Others and Respect Learning)**

L-Learn as much as you can from the lesson

- This is a new way to attend school so make the most of it. **(Respect Yourself and Respect Learning)**

D-Decide to always do your best everyday

- Each day is your opportunity to do better than the day before. **(Respect Yourself)**

O-Organize your thoughts and materials

- Even though your environment will look different, it's important to still have a space to learn that is clean, organized, and optimal for learning. **(Respect Property, Respect Learning, and Respect Yourself)**

G-Go with the flow and give yourself grace

- By learning from home, *you are a part of groundbreaking history*, so do your best to be flexible and patient as this is new for everyone. **(Respect Yourself, Respect Others, and Respect Learning)**

How the 4 Respect Rules Look at Home			
Respect Yourself	Respect Others	Respect Learning	Respect Property
Be Alert	Be kinds with words and actions	Stay on task	Put materials away in correct spot
clean up after yourself	Use good manners	Share your learning with others	Follow technology guidelines
Extend learning by reading or studying	Be courteous to the presenter	Listen and follow directions	Treat materials and property with care
Reflect on and show what good behavior looks like	Use conversational skills appropriately	Raise hand and wait for permission to speak	
Enjoy conversations	Minimize noise to maximize the learning of others	Be quiet and courteous	
Allow yourself to be the best learner		Utilize learning opportunities during the experience	
Minimize time away from learning by taking a quick break		Maximize learning opportunities	
		Ignore impulses that block learning	

