

Grant General

Cheerleading

2022-2023

TRYOUT INFORMATIONAL PACKET

Welcome to the Springfield Grant Middle School Athletic Department and thank you for your interest in the GMS Cheer Program. We hope that the tryout process is fun and challenging. Your completed Cheerleading Application and signed paperwork can be dropped off in the Main Office or turned in the first day of Clinics. Your paperwork must be turned in **prior** to tryouts. Please note all the **DATES, DEADLINES, TIMES and LOCATIONS.**

Mandatory Cheer Clinics

May 18th, 4:00pm-6:00pm

May 19st, 4:00pm-6:00pm

Cheer & Dance video given at Clinic

Tryout Day

May 21st

8:00am

Close tryouts

GOOD LUCK DURING TRYOUTS!

2022-2023 Cheerleader Order Form

Vendor- Varsity Spirit Fashions

Bows \$ 20.95
Briefs (Black) - \$9.95
Briefs (Gold) \$9.95

Warmups Breakdown \$

Reversible Coat and Pants-\$201
Lettering-

Uniform

Body Liner
White \$22.95
Black \$22.95
Gold \$22.95

Spirit Wear polo shirt
\$55.95

Vendor-

Shoes and Cheer Bag-
\$179

(3) T Shirts
\$45

Camp \$75

Total: \$687

(This is an estimate

Please pay with a personal check, money order or cashier's check

*******1st Payments will be due June 01, 2022. Split payment options are available. Please see Payment Schedule and Contract Form.**

Payment Schedule and Contract
New Cheerleaders Returning Cheerleaders

**P1 DUE 06/01/2022 \$343.50 _____
**P2 DUE 07/01//2022 \$343.50 _____

****Payments for items will be paid directly Grant Middle school.**

Shipping and Handling fees do apply**

We are offering to split the payments to pay for all cheer items. The sport of cheerleading can be costly; we tried to keep the cost of participation as low as possible. Should you choose the split payment option, please be aware that your cheer account must be paid in full to ensure your child's participation in the 2020/2021 Cheer Season. The payment schedule is as follows:

Payment 1st due \$06/01/2022 _____

Payment 2nd due \$ 07/01/20 22 _____

I, _____ as parent/guardian of _____ elect to take the split payment option and fully agree to pay Grant Cheer in full by the due date of _____. Should my payment not arrive by 07/01/2022, Payment is non refundable. I understand that my child may not receive her items in time to participate. If my child misses 3 games, she/he will be dismissed from team. I understand the schedule of payments as given to me and will make a full good faith effort to pay as recognized.

FINAL PAYMENTS due by 07/01/2022

Or

I, _____ as parent/guardian of _____ elect to pay Grant Cheer in full by the due date of 07/01/2022.

Coaches use only

Amount Paid: _____ Date: _____ Method (Circle One): Cash Check
Amount Paid: _____ Date: _____ Method (Circle One): Cash Check
Balance Due: _____ Balance Due: _____ Balance Due: _____

Paid in Full (Circle One): Yes or No Date: _____ Method (Circle One): Cash Check

Amt Fundraised: _____ Balance After Fundraiser: _____

Grant Middle School Squad (**Maximum of 16 members**) includes the following responsibilities:

- Boys and girls home basketball games
- Travel to “trophy games (include regionals, sectionals and state)
- All Fundraisers Public Appearances, and Community Services
- Tryout Clinics
 - May 18th 4-6:00pm
 - May 19st 4-6:00pm
- Tryout Date
 - May 21nd 8:00am
 - Tryouts will be closed to parents and/or spectators.
 - Attire for tryouts will be black shorts, a fitted white shirt and bow. Bow should be a school color (black, gold or white)
 - Tryout material will be posted to the Grant Middle School Cheerleaders page.
 - The 2022-2023 new squad will be announced May 23th by 5:00pm.
 - **If you make the team 1st parent meeting TBA**
- Tryouts will include the following material:
 - Basketball sideline
 - Basketball Dance
 - Floor Cheer
 - Stunting
 - Jumps
 - Tumbling(optional)
 - Stunting will be determined by the coach during season, however you will be judged on it during tryouts.

❖ .



Grant Middle School Cheer Squad Policy Statement Expectations

Grant Middle School's Athletic Department supports and directs the cheer squads. As a program in the athletic department, the squads adhere to the role and mission of Grant Middle School Athletics. Cheerleading is an **ATHLETIC** sport. Like many sports, it takes **strength, endurance, discipline** and **dedication**. In addition to these skills, athletes who are a part of the GM Cheer squad will develop many life skills such as balance, goal setting, leadership, self-motivation and self-confidence. GM Cheer's first responsibility is to support the student's academic career. Members are students first and athletes second.

We recognize and support obligations to the school as well as the team. All participants are challenged and encouraged to reach their full potential both as accomplished athletes and productive members of their school and community. It is the purpose of the GM Cheer squad to promote and uphold school spirit, to develop good sportsmanship by example, and to encourage positive, enthusiastic support for all aspects of the school experience throughout the entire student body, parents and community.

Cheer Squad Expectations

- Adhere to all policies and procedures, citizenship, and moral character requirements
- Attend all scheduled practices and assigned conditioning practices
- Attend all home/and post-season Basketball games
- Must attend scheduled squad meetings and squad functions (camp, squad gatherings, team bonding, school and community appearances, fundraising, etc.)
- Cheerleading must take priority over all other extra-curricular activities for the entire time of commitment
- All members must understand that the manner in which they conduct themselves, in and out of uniform directly reflects on the ENTIRE team.
- Attendance at Cheer Camp in _____ -- mandatory for all squad members to attend the camp

CHEER SQUAD TRYOUT COMPONENTS

All candidates will be required to stunt, learn a cheer, make up a cheer and perform current tumbling skills. All candidates will be screened by qualified cheer judges and current cheer coaches. Sample tryout score sheet attached, squad will be determined by scoring break, at the discretion of the coaches.

GM CHEER TRYOUTS – May 21th, 2022

****Please wear Plain White T Shirt and black shorts tryout. Hair (no Color hair) should be neat high ponytail with bow. Make sure it is appropriate in order to stunt, tumble and dance****

Wednesday, May 18th Day 1 @ Grant Gymnasium

4:00- p.m. Registration

4:30-6:00:00 p.m.

Open Warmup/Stretching

Sideline/Cheer Taught

Stunting

Thursday, May 19th Day 2 @ Grant Gymnasium

4:00- 6:00 p.m.

Check in/Warmup

Sidelines, Cheer, Dance

Stunting

Saturday, May 21th @ Grant Gymnasium

8:00 are- TRYOUTS START Review of your choice

****Please wear a white shirt (plain) & shorts, tennis shoes, hair back with bow****

**YOU WILL BE NOTIFIED BY 5PM May 23, 2021
IF YOU HAVE MADE THE
2021-2022 SQUAD**

Score Sheet

Individual # _____ Candidate Name: _____

0- No Performance (20 pts.)	1- Poor	2- Fair	3- Good	4-Excellent
(20 pts.)	I.	Entrance a) Spirit b) Voice c) Facial Expressions d) Overall Entrance	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Total _____
(20pts.)	II.	Jumps a) Toe-Touch b) Jump Sequence c) Optional Jump	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Total _____
(10pts.)	III.	Tumbling a) Back handspring b) Round off Back handspring c) Optional Tumbling Pass	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Total _____
(20pts.)	V.	Cheer a) Motions b) Sharpness c) Voice Projection d) Facial Expressions f) Knowledge of Cheer	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Total _____
(10pts.)	VI.	Dance a) Synchronization b) Sharpness c) Facial Expressions d) Knowledge of Dance e) Overall Effect f) Dance Technique	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Total _____
(20pts.)	VII.	Stunts a) Technique b) Difficulty Level c) Overall Effect	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Total _____

0-39- Poor	40-59- Fair	60-79- Average	80-89- Good	90-100- Excellent

Final Score (Average) 100 /



GRANT Cheer Commitment Form

****Please initial****

The cost of uniform, practice clothes, warm-ups, camp, and accessories is estimated at \$ 687.00 per new squad member. Additional costs include Grant Middle School Athletic Fee. Grant Middle School does NOT fund the cheer squad's apparel. As a result, the program is not only a time commitment but a financial commitment as well.

**** First payment installment is due [by 06/01/2022 cashier check/money order only]**

Parent meeting post tryouts will discuss all payments in greater detail**

_____ There will be no refunds from Grant Middle School or coaches if squad member decides to quit or is removed from the squad due to disciplinary/academic reasons.

_____ Practices, games, and squad functions are mandatory. There are no exceptions to this rule. Should a squad member miss more than 3 practices, games, or assigned functions at any point in the year, squad member will be removed from squad.

_____ GMS Cheer is first priority cheer commitment. Participation on outside dance teams, or all-star cheer/other sports teams is strongly discouraged and will NOT be excused.

_____ Squad members will be treated as student athletes. It is the athlete's choice to participate and the team will follow all guidelines and grade policies in the student athlete handbook.

_____ Decision to participate as a GMS cheerleader is a full year commitment. If squad member chooses to leave the squad at any time, it will result in not being able to participate the next year season unless there are extenuating circumstances.

_____ Squad members are required to maintain a 2.0 Cumulative GPA per semester.

_____ 3 ineligible is dismissed from the team

I have read the GMS Cheer Squad Commitment Form. By signing this form, I understand that I will be held accountable under the rules and commitments set above through the 2019-2020 season. I am also required to sign the GMS Cheer Squad Contract should I make the squad for the upcoming season.

Candidate's signature: _____ Date: _____

Guardian's signature _____ Date: _____

Parent Initials _____
Cheerleaders Initials _____

2021-2022 Rules for GMS Cheerleading

Purpose

The objective of the Grant Middle School cheerleading squad is to effectively execute a school spirit program that supports the athletic teams and promotes the school itself. Cheerleaders will serve as positive role models and leaders for GMS and should promote sportsmanship within our school and among other schools. The highest priority should be to display and encourage spirit and pride for SSHS.

Squad Members and Practices

- ✓ Members will be chosen after a formal tryout session.
- ✓ The Squad will consist of up to 16 students who will cheer at basketball games and will participate in some pep rally events.
- ✓ If a member of a squad is removed from a position, the coach, Athletic Director, and Principal will determine a replacement.

Practices and Games

- ✓ Squads will have practices each week. A tentative schedule will be given out at the beginning of each month. All practices are mandatory, and other schedules should revolve around cheerleading practices. Additional practices may be added when needed.
- ✓ During basketball season, games are normally held on Tuesdays and Thursdays. Occasionally, games may be held on other days of the week (especially during inclement weather when games must be pushed to the next night).

Attendance Requirements

- ✓ ABSENCES CAN BE THE DOWNFALL OF A GREAT CHEERLEADING SQUAD! If one or more squad members are absent from a practice or game, the other members are forced to make last minute changes. This can be both stressful and dangerous to squad members.
- ✓ You will be expected to be at all games and practices. Club activities, extracurricular activities, doctor's appointments, etc. must not interfere with cheerleading.
- ✓ If you commit to cheerleading, you are committing to attend every game. Unexcused absences are those caused by anything other than illness or family emergencies. In addition, just because a cheerleader asks to be excused does not mean that the excuse will be granted.
- ✓ If you are ill or have a family emergency, the coach needs to be notified by a parent or guardian in order for this absence to be excused. Please notify the coach before the absence or as soon after as possible; only under extreme circumstances will prior notice not be expected.
- ✓ As stated in the Guidelines for Grant Athletes, students must be present half the school day to be eligible for practices and games scheduled for that day.

Parent Initials _____
Cheerleaders Initials _____

Absence due to illness

- ✓ Anything that requires antibiotic, needs to have a dr. note of how long your child will be out and what restrictions they have

Here is a list of common communicable diseases (highly contagious) that require a Dr. note:

- Influenza
 - strep throat
 - chicken pox
 - pink eye
 - head lice
 - mononucleosis
- ✓ Common cold does not require a Dr. notes, just a parent phone call**
 - ✓ Providing a Dr. Note is not a hipaa violation, I ask for these in cases where the child has a communicable disease, broken leg etc., sprain, or cannot participate due to restrictions. This is not intended to violate anyone's privacy, if it affects the squad I need to know how long you will be out, if you do not want me to know the diagnosis that is totally fine!*

HIPAA (SUMMARY)

- ✓ The Office for Civil Rights enforces the HIPAA Privacy Rule, which protects the privacy of individually identifiable health information; the HIPAA Security Rule, which sets national standards for the security of electronic protected health information; the HIPAA Breach Notification Rule, which requires covered entities and business associates to provide notification following a breach of unsecured protected health information; and the confidentiality provisions of the Patient Safety Rule, which protect identifiable information being used to analyze patient safety events and improve patient safety. At the same time, the Privacy Rule is balanced so that it permits the disclosure of health information needed for patient care and other important purposes

Rules of Performance

1. Every cheerleader serves at the discretion of the coach. If in the judgment of the coach the best interest of the squad is not being served, an individual may be removed from the squad, although no rules have been violated, the cheerleader will be warned and counseled one time about the problem/situation. If correction does not occur within a reasonable time period determined by the coach, removal from the squad will result and uniforms turned in immediately
2. Any cheerleader that quits or is dismissed from the squad may not try out for the next year without approval from the head coach prior to tryouts.
3. The cheerleader uniform is placed in the care of the cheerleader. Should the uniform be lost or damaged, the cheerleader will be held responsible. The cheerleader must be in the correct uniform in order to participate in any cheerleading function such as games and practices. CHEERLEADERS ONLY WILL WEAR THE UNIFORM, WARMUPS OR TEAM APPAREL, ALLOWING A NON-CHEERLEADER TO WEAR ANY CHEERLEADING APPAREL WILL RESULT IN DISCIPLINE.
4. It is required to wear what you are told to school, including cheer shoes!

5. Fundraisers will be arranged to help defray cost for the year. We expect each cheerleader to participate
6. Cheerleaders will arrive to games in full uniform including shoes. DO NOT come to the game in flip-flops, Uggs, Sperry's etc.)
7. Every girl MUST have an arranged ride to and from home games and other events (unless you have specified the reason prior to the event), please be sure you are there in a timely manner!
8. The Athletic fee MUST BE PAID AND YOU MUST HAVE AN ATHLETIC CARD ON FILE PRIOR TO SCHOOL STARTING or you will not participate
9. Please be sure to get physical exams before school starts! This is required if you would like to participate in this sport

****Note: the schedule is subject to change at the coach's discretion, you will be notified in advance of this****

Grades

- ✓ A minimum of 2.0 GPA must be maintained throughout the cheering season in conjunction with passing at least five classes on a weekly basis.

Tutoring

- ✓ Cheerleaders are encouraged to attend tutoring on all off days.
- ✓ If the cheerleader must attend tutoring on a practice day, the cheerleader must inform the coach, bring a note to practice from the teacher.

Fund Raising

- ✓ Every cheerleader will be expected to support all fundraising events that support the team.

Transportation

- ✓ If a parent is going to pick up their cheerleader at an away game, the coach must speak to the parent at the game. If the coach is unaware of a change in transportation, a cheerleader may be left behind because the coach assumes the parent will be there and will not account for her on the bus ride back. The coach cannot go searching through the parking lot for parents. They must come and see the coach before you leave with them. If the parents do not speak to the coach, you are expected to ride the activity bus back to Grant.
- ✓ Your parent is the only one you are allowed to leave a game with, not friends.
- ✓ Loud noise is not allowed on the bus. It distracts the driver, coaches, and other team members.

Expected Behavior

- ✓ All District 186 and Grant Middle School guidelines must be followed at all times.
Consequences will be issued for misbehavior or poor conduct

Parent Initials _____
Cheerleaders Initials _____

- ✓ Promote a positive image for the school community—your peers, parents, teachers, and community members

While representing GMS, cheerleaders must not:

- ✓ Drink alcoholic beverages
- ✓ Use controlled substances
- ✓ Use tobacco products
- ✓ Show unsportsmanlike conduct
- ✓ Use profanity
- ✓ Show displays of affection in public settings
- ✓ Be academically dishonest
- ✓ Attend all practices and games.
- ✓ Your attitude and ability to work with other different personalities must be exceptional.
- ✓ Lying or fabricating the truth will not be tolerated and can result in immediate termination from the squad.
- ✓ Part of a coach's job is to know where you are at all times during practices, games, and special events. Consequences will be issued for failure to follow the coach's direction or to stay in assigned areas during events.
- ✓ While safety is our number one goal, please understand that you should expect bumps, bruises, and other occasional minor injuries. This is all part of cheerleading.
- ✓ Cheerleaders cannot wear or loan GMS cheerleading uniforms/outfits when attending non-cheerleading activities.
- ✓ The coaching staff will make all official cheerleading decisions and activities. All coaches and captains are to be given respect and cooperation by cheerleaders and parents at all times. Lack of respect will not be tolerated and can be grounds for dismissal.

*Being in correct uniform means wearing the appropriate uniform—sports bra, briefs, bow, socks, shoes, having hair pulled up. Complete uniform also means wearing no jewelry, glitter, or fingernail polish. Your nails are required cut short, and NO ARTIFICIAL NAILS.

Coaches reserve the right to make changes/additions to the rules as needed. In addition, if you have any questions or concerns, please respect the following chain of command: Squad Coach, Coach Jaunice Reed-Walker- Athletic Director, and School Principal

MAJOR INFRACTIONS

The following are considered major infractions, which are held as grounds for immediate dismissal or suspension from the team.

1. Receiving an in or out-of-school suspension
2. Violating school board policy concerning tobacco, drug, or alcohol usage
3. Using profanity or rude, abusive language
4. Inciting misbehavior, continuous arguments with team members, opponents or coaches.
5. Being inappropriate, argumentative, not representing yourself, the school or the cheerleading squad in a good manner on social media (including pictures, social media posts)
6. Fighting in or out of school
7. Disrespect toward coaches or teammates

Parent Initials _____
Cheerleaders Initials _____

BENCHING INFRACTIONS

Benching is a disciplinary measure in which the cheerleader is required to sit with the coaches and in uniform, but is NOT allowed to participate.

1. Being dismissed from practice due to misbehavior (May lead to dismissal!)
2. Unsportsmanlike conduct on or off the courts or during pep rally
3. Failure to follow instructions
4. Any action disrupting the squad
5. Disrespect toward another team member, coach, or adult
7. Improper behavior with the opposite sex at school or during school functions
8. Appearing out of the specified uniform for the athletic event
9. Nails too long (IHSA Rules)
10. Piercings (No jewelry during games)
11. Unkempt or messy hair, or hair that is not done to specifications for the event (high ponytail with bow)

Unexcused Absence Policy

- ✓ 4 unexcused absences TOTAL for the entire season
- ✓ Anything after 3, the cheerleader will be benched based on the number they've received after the third
- ✓ Summer Vacations and out of season practices are the ONLY absences that are not counted during this rule
- ✓ Missing an out of season practice will still result in being marked unexcused if that's the case
- ✓ If you miss practice or a game for any reason and a parent does not call/text same day, you will be marked unexcused and it WILL NOT be changed.

Suspension Policy

- ✓ When a cheerleader is suspended, they will be required to be away from the program for a two week period; plus three games after the two weeks is up. They cannot attend (as a cheerleader) or dress during any of those games during the suspension period.
- ✓ Upon returning a meeting will be scheduled by coaches to speak with the Athletic Director about everyone's understanding of the situation.
- ✓ One suspension limit! – After the second, the cheerleader will be dismissed!!!!

I have read the GMS Rules for Cheerleading. By signing this form, I understand that I will be held accountable under the rules set above through the 2022-2023 season.

Candidate's signature: _____ Date: _____
Guardian's signature _____ Date: _____

****Please sign both copies****

Parent Initials _____
Cheerleaders Initials _____

Parent/Coach Communication

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to our student athletes. As parents, when your son/daughter becomes involved in our programs, you have a right to understand the expectations. This begins with a clear communication between the coach and the parents of athletes.

Communication Parents Should Expect from a Coach

1. Philosophy of the coach
2. Expectations the coach has for your son/daughter as well as for all players on the team

Appropriate Concerns to Discuss with Coaches

1. The treatment of your son/daughter mentally and physically
2. Ways to help your son/daughter improve
3. Concerns about your child's behavior

As a coach, I make decisions based on what we believe is best for the team, we do not make decisions based on seniority AT ALL! As you have seen from the list above certain, things can be and should be discussed with your son /daughter's coach. Other things, such as those listed below, must be left to the discretion on the coach.

Issues Not Appropriate to Discuss with Coaches

- 1. Team strategy**
- 2. Other student Athletes**
- 3. Change in positions (if I choose to switch flvers around, bases, back spots etc.)**

There are situations that may require a conference between the coach and the parent(s). These are to be encouraged. It is important that both parties involved have a clear understanding of the others' positions. It is the student athlete's responsibility, when having a conflict with the coach, to meet with the coach prior to the coach meeting with the parents of the student athletes. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

If You Have a Concern to Discuss with a Coach, This is the Procedure to Follow:

1. Call and set an appointment
2. If the coach cannot be reached, call the Athletic Director who will set up the meeting for you
3. **Please do not attempt to confront a coach before or after a practice or game if you are extremely upset. Meetings of this nature do not promote resolution.**

What Can a Parent Do if the Meeting with the Coach Did Not Provide a Satisfactory Resolution?

1. Call and make an appointment with the Athletic Director to discuss the situation
2. At this meeting, the appropriate next step can be determined.

We hope the information provided makes your son's/daughter's and your experience with the Grant Middle School cheerleading program less stressful and more enjoyable.

Parent Initials _____
Cheerleaders Initials _____

Cheerfully,

Jaunice Reed-Walker,
Head Cheerleading Coach

I have read the Parent/Coach Communication Rules for GMS Cheerleading. By signing this form, I understand that I will be held accountable under the rules set above through the 2022-2023 season.

Candidate's signature: _____ Date: _____
Guardian's signature _____ Date: _____

****Please sign both copies****



GMS Cheerleading Application

Candidate Number# _____

Personal Information

Cheer Candidate Name: _____ Current Grade: _____

Current School: _____

Cell: _____

Candidate Email: _____

Parent(s) Names: 1) _____ 2) _____

Parent 1 Cell Phone: _____ Parent 2 Cell Phone: _____

Parent 1 Email: _____ Parent 2 Email: _____

Clear unfiltered! In front of a
white wall

(Picture)

Experience Information

Where did you cheer last? _____ How Long? _____

Medical Conditions coaches should be aware of:

Tumbling Skills (please circle):

Standing back handspring Standing double back handspring

Round off back handspring Round off double back handspring

Standing back tuck Round off back tuck Layout

Stunting Skills (please circle):

Stunting position: BASE BACKSPOT FLYER

We understand that personal insurance must cover our son/daughter. We give permission for our child to receive medical attention in the event that we cannot be present or reached for any reason.

Insurance Company: _____ Policy Number: _____

Candidate's Signature: _____ Date: _____

Guardian's Signature: _____ Date: _____

Were you involved in any behavior infractions during the 2020-2021 school year? If yes, please explain on a separate sheet of paper.

Medical Waiver & Behavior Statement:

As parent/guardian of the participant, I understand that cheerleading tryout and workshops will be conducted under the direct supervision of the GMS cheerleading coaches and other qualified persons. There will be NO gymnastics taught at the workshops. All precautions will be taken to ensure the safety of all participants. Grant Middle School and cheerleading coaches are not liable for any injuries that participants may incur from attending workshops and tryouts. Additionally, I understand that participants are expected to conduct their behavior in a manner that is appropriate to the setting. If a participant's behavior is a problem, she/he will be asked to leave, and she/he will NOT be allowed to tryout out for the Grant Middle School Cheerleading Squad.

Student Signature

Parent/Guardian Signature

Date

Statement of Permission and Agreement

If you make the cheerleading squad, realize that you are making a commitment to Grant Middle School, your coaches, your teammates, and yourself for the **complete season (full year)**. The decision to tryout should not be taken lightly. You will be expected to put cheerleading as one of your top priorities. Furthermore, as a representative of Grant, you must **maintain proper behavior** at all times. You must follow the cheerleading guidelines set forth in the Grant Middle School Cheerleading rules and by District 186 guidelines. Students who break the rules will be disciplined or removed from the squad. By making this commitment to the Grant Middle School Cheerleading program, you will receive many valuable and rewarding educational experiences that you will remember long after you graduate from high school. These activities will not only channel your enthusiasm and spirit in a constructive and beneficial manner, but will give you a sense of pride and accomplishment in being a part of a group that has earned the reputation as one of the finest in the city of Springfield, Illinois.

I, _____, have read and understand the 2022-2023 RULES FOR CHEERLEADING. I agree to abide by the policies described if I am chosen as a member of the squad. I am agreeing to the information in the packet and understand that failure to adhere to the rules policies could result in dismissal from the squad.

Student Signature

Parent/Guardian Signature

Date

Grant Middle School Cheerleading

Pre-Tryout meeting

April 12th 2021

6:30pm

Purpose

The objective of the Grant Middle School cheerleading squad is to effectively execute a school spirit program that supports the athletic teams and promotes the school itself. Cheerleaders will serve as positive role models and leaders for GMS and should promote sportsmanship within our school and among other schools. The highest priority should be to display and encourage spirit and pride for GMS.

Cheerleading Tryout Dates:

- ✓ Cheer Clinics will be held on May 18th and May 19th, 2022 in the gymnasium (**PAPER WORK MUST BE TURNED IN BEFORE PARTICIPATING IN ANY CLINICS**)
Tryout material will be taught during this time.
- ✓ Try-outs will be held on May 21st at 8:00am
- ✓ Squad announcement will be May 23rd by 5pm

****1st payment will be due that day** June 01st, 2022**

Eligibility:

- ✓ To be eligible in the fall/spring of 2022-2023 for cheerleading, a student must have:
- ✓ Been Promoted to the next grade
- ✓ Passed all classes taken the previous semester
- ✓ Achieved a 2.0 grade point average for the previous semester
- ✓ Been present 85% of the previous semester
- ✓ Developed stunting (ex lib, heel stretch, full downs etc.)
- ✓ Physically fit
- ✓ Outgoing personality
- ✓ Academically sound (2.0 or above)
- ✓ High spirited
- ✓ Enthusiastic
- ✓ Capable of working with others
- ✓ Willing to make sacrifices for the team
- ✓ Advanced skills (Clean jumps, sharp motions/technique)
- ✓ If you were previously on the squad and quit, you're not eligible to tryout**NO EXCEPTIONS**

Material/Schedule

All candidates will be responsible for the following material:

1. Gymnastics (standing back-handspring, standing back-tuck, standing back-handspring back tuck and running tumbling etc.) ****not required but a plus****
2. Cheer, Dance, Stunts (, extension, liberty, heel stretch, arabesque, scorpion, scale, full downs and double full downs) ****If not a flyer must be able to base or back spot all stunts above****

The following MUST BE turned in BEFORE you can participate in clinics or tryouts:

- ✓ Insurance and Behavior Waiver
- ✓ Completed Information Sheet
- ✓ Statement of Permission and Agreement
- ✓ A copy of your semester-end report card; **please do not send the original.**

Note:** The deadline for turning in this paperwork is **May 09th, 2022

; However, the earlier you can get this paperwork in, the better. Participation in cheer clinics or try-out clinics will be prohibited if any of the forms are missing or incomplete.

Fundraising: (Cheer Parents)

- ✓ Requirement
- ✓ Types of Fundraisers (State Fair, Apple Bee's Cookies Sales, Car Wash)
- ✓ Parent involvement

Cheerleader meets and greet TDA ____ Uniform fitting will be announced at the meeting

All paperwork must be in by May 09th. You can either drop the paperwork off or mail it to Grant Middle School, c/o Coach Jaunice Reed-Walker, 1800 W. Monroe Springfield, IL 62704.

We look forward to seeing you at tryouts!!

Candidate _____ 2022-2023 grade level _____

School _____ Teacher _____

The above student has filled out an application to become a Grant Middle School 2022-2023 Cheerleader. Please rate the student on a scale of 0-5: 5 being the highest.

PLEASE RETURN THE FORM TO: Coach Jaunice Reed-Walker via inter-school mail or to my email jwalker@sps186.org . GMS teaches can email the evaluation or place in my mail box marked cheer coach. I know this is short notice, but all the information must be turned in by May 09, 2022

This evaluation is counted towards each candidate's cumulative try out total. Please give serious consideration when evaluating the candidate and return the evaluation promptly. Failure to have evaluation turned in or incomplete gives the candidate a zero. Thanking you in advance for your time.

0-5: 5 being the highest

1. Attendance/ Punctually	0	1	2	3	4	5
2. Respect for Authority	0	1	2	3	4	5
3. Respect for Peers	0	1	2	3	4	5
4. Effort/ quality of work	0	1	2	3	4	5
5. Honest & Integrity	0	1	2	3	4	5
6. Leadership skills	0	1	2	3	4	5

Last quarter GPA _____ Total Points Earned _____ /30

Comments: _____

Teacher Signature _____ Date _____

Each Teacher must fill out an evaluation: _____ Class: hour/ period _____

2022-2023 GMS CHEERLEADING TRYOUTS TEACHERS EVALUATION FORM

Candidate _____ 2022-2023 grade level _____

School _____ Teacher _____

The above student has filled out an application to become a Grant Middle School 2022-2023 Cheerleader. Please rate the student on a scale of 0-5: 5 being the highest.

PLEASE RETURN THE FORM TO: Coach Jaunice Reed-Walker via inter-school mail or to my email jwalker@sps186.org . GMS teaches can email the evaluation or place in my mail box marked cheer coach. I know this is short notice, but all the information must be turned in by May 09, 2022

This evaluation is counted towards each candidate’s cumulative try out total. Please give serious consideration when evaluating the candidate and return the evaluation promptly. Failure to have evaluation turned in or incomplete gives the candidate a zero. Thanking you in advance for your time.

0-5: 5 being the highest

7. Attendance/ Punctually	0	1	2	3	4	5
8. Respect for Authority	0	1	2	3	4	5
9. Respect for Peers	0	1	2	3	4	5
10. Effort/ quality of work	0	1	2	3	4	5
11. Honest & Integrity	0	1	2	3	4	5
12. Leadership skills	0	1	2	3	4	5

Last quarter GPA _____ Total Points Earned _____ /30

Comments: _____

Teacher Signature _____ Date _____

Each Teacher must fill out an evaluation: _____ Class: hour/ period _____