


Middle School - Breakfast

OCTOBER 2021



Monday	Tuesday	Wednesday	Thursday	Friday
4-Oct	5-Oct	6-Oct	7-Oct	8-Oct
<u>Cinnamon Breakfast Round</u> Orange Wedges 100% Grape Juice Milk	<u>Sausage Patty on Biscuit</u> Chilled Mixed Fruit 100% Orange Juice Milk	<u>Chocolate Chip Waffle</u> Chilled Peaches 100% Apple Juice Milk	<u>French Toast Sticks</u> Banana 100% Fruit Punch Juice Milk	<u>Muffin w/ Hard Boiled Egg</u> Assorted Fresh and Chilled Fruit Assorted 100% Fruit Juice Milk
11-Oct	12-Oct	13-Oct	14-Oct	15-Oct
NO SCHOOL  COLUMBUS DAY	<u>Scrambled Eggs w/ Toast</u> Assorted Fresh and Chilled Fruit 100% Apple Juice Milk	<u>Pancake Sausage on Stick</u> Chilled Pears 100% Orange Juice Milk	<u>Biscuit w/ Gravy</u> Fresh Melon Slices 100% Grape Juice Milk	<u>Oatmeal w/ Cinnamon Sugar</u> Assorted Chilled or Fresh Fruit Assorted 100% Fruit Juice Milk
18-Oct	19-Oct	20-Oct	21-Oct	22-Oct
<u>Assorted Bagels w/ Cream Cheese or Jelly</u> Fresh Apple 100% Orange Juice Milk	<u>Breakfast Pizza</u> Chilled Peaches 100% Grape Juice Milk	<u>StrawberryBoli</u> Chilled Mixed Fruit 100% Apple Juice Milk	<u>Egg and Cheese on Biscuit</u> Fresh Pear 100% Fruit Punch Juice Milk	<u>WG Donut</u> Assorted Chilled or Fresh Fruit Assorted 100% Fruit Juice Milk
25-Oct	26-Oct	27-Oct	28-Oct	29-Oct
<u>Apple Texas Toast</u> Fresh Orange Wedges 100% Apple Juice Milk	<u>Fruit and Yogurt Parfait w/ Granola Bites</u> Chilled Peaches 100% Grape Juice Milk	<u>Mini Eggo Pancakes</u> Chilled Pears 100% Orange Juice Milk	<u>Egg, Cheese, Canadian Ham on Bagel</u> Fresh Banana 100% Fruit Punch Juice Milk	<u>Cinnamon Roll</u> Assorted Chilled or Fresh Fruit Assorted 100% Fruit Juice Milk
<u>Offered Daily:</u> Assorted Cereal, Graham Crackers, Yogurt, Cheese Portions, Granola Bars, and Whole Grain Bread w/Jelly	A Full Breakfast Includes: Choice of Entrée or Cereal, Fresh or chilled fruit and/or juice. Choice of 1% or skim milk.			MENU IS SUBJECT TO CHANGE