

Experts say, the transition for young children into Kindergarten can be -
“one of the most significant transitions they will experience.”

Here are some Transition Tips from District 186 Kindergarten Parents:

“Read to them every night – before they start Kindergarten.”

“Establish early bedtime.”

“Buy preschool books and cards.”

“Go to orientation.” “Start a routine.”

“Learn basic skills prior to starting Kindergarten.”

“Start learning letter sounds, social activities with other children.”



“Get on the website for the school their child is attending.”

“Make sure you have all your information and enrollment ahead of time so your child doesn't start late.”

“Talk to your child about it (Kindergarten).”

“The first day is going to be hard, but just knowing the teachers are so nice it's easy for our children to adjust. It makes it a lot easier.”

“It takes a toll on them and they tend to be tired and cranky at the end of their long day of learning.”

“Communicate with teacher.”

“Check their book bags at all times because you might miss something.”

“Discuss rules and making good choices.”

